

# BETHESDA FRIENDS MEETING

*Religious Society of Friends*

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*March 2016*

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Jane Meleney Coe, Editor

### March 2016 Calendar

Meeting for Worship is at 9:30 a.m. and 11:00 a.m. every First Day (except for the first First Day of each month, when Meeting for Business is usually held at 9:00 a.m.).

6	Sun	<u>9:00 a.m.</u> 11:00 a.m.	Meeting for Business (Child Care is Provided) Qkr Values & Leadership: Women for Women International
		6:00 p.m.	William Penn House Peaceable Kingdom Dinner
10	Thurs	4:30 p.m.	Pendle Hill: Beyond Crime & Punishment, Wallingford PA
12	Sat	10:00 a.m.	BYM Interim Meeting, Langley Hill Frds Meeting, VA
		10:00 a.m.	Friends Wilderness Center: Tree Grafting, WVA
		12:00 noon	FCNL Spring Lobby Wkend, Ending Mass Incarceration

		3:00 p.m.	BFM Book Group at the Bethesda Library
13	Sun	9:30 a.m.	ARE: Spiritual Journey: Bernie Benson, Music Room
		11:00 a.m.	Qkr Values & Leadership: Worship & Classes
		12:30 p.m.	Potluck: Please Bring a Dish to Share
		12:30 p.m.	BYM Travelers' Gathering, Langley Hill Frds Meeting, VA
		1:00 p.m.	Library Committee, BFM Library
		7:30 p.m.	Experiment w/ Light at the Nielsen-Jones's
		8:30 p.m.	April Newsletter Deadline
14	Mon	8:00 p.m.	Committee Night: M&W and S&F
19	Sat	10:00 a.m.	Junior Young Friends Conference, t.b.a.
		5:00 p.m.	Friendly Eights: Families
20	Sun	9:30 a.m.	Advancement & Outreach, Teachers' Lounge
		11:00 a.m.	Qkr Values & Leadership: Worship & Meal Preparation
		12:30 p.m.	P&SJ Forum: Discussion of FCNL Priorities
		12:30 p.m.	Committee Day: ARE and Pastoral Care
		4:30 p.m.	Pendle Hill Week-long: Present in Every Moment
		6:30 p.m.	Friendly Eights: Adults
27	Sun	9:15 a.m.	Peace & Social Justice Committee, Teachers' Lounge
		11:00 a.m.	Qkr Values & Leadership: Worship & Classes
		12:15 p.m.	Coordinating Gathering
		7:30 p.m.	Experiment with Light at Jane Coe's House

Details are available on our web site: <http://www.bethesdafriends-dot-org>

### Query for March: Social Concerns

**How have I expressed my faith in action? How are my actions grounded in my faith? To what extent is my sense of justice based in love? In what ways do I endeavor to respond to my own pain and suffering, that of others, and in the wider world? How do we teach our children, and show through our way of living, that love of God includes our affirming the humanity and dignity of everyone and seeking that of God within every person? How do we prepare ourselves and our children to play active roles in a changing world?**

### **The Social Concerns Box**

Donations to the Social Concerns Box in March will go to [Women for Women International](http://www.womenforwomen.org). The Peace & Social Justice Committee has agreed to support three women with notes of encouragement, a monthly stipend, and training as they move from being survivors of conflict to active citizens engaged in rebuilding their lives and communities. The program includes financial assistance, leadership training, technical skills, access to capital and small business development, and the opportunity to gain support from other sponsored sisters in her community. We are sponsoring three women from Rwanda, at a cost of \$360 per woman per year. Please be generous with your contributions, and please visit the notewriting table at the entrance to Meeting during March. For more information: Jane Meleney Coe (bethesdafm-at-igc-dot-org) or [www.womenforwomen.org](http://www.womenforwomen.org)

In January, the Smart Cards project received \$1,444.50 (thanks to major support from Cedar Lane Unitarian).

## Religious Education for Children

Children in K to 8 grades attend Meeting for Worship in the Meetinghouse with their parents for the first 15 minutes (11:00 to 11:15 a.m.). For questions, contact Lauren Brownlee (lbrownlee-at-gmail-dot-com)

6th: Quaker Values & Leadership: Let Your Life Speak Service Activity: Women for Women International. Children will learn about the women that our Meeting is sponsoring and then will write letters and draw pictures to send to the women. For questions, contact Lauren Brownlee (lbrownlee-at-gmail-dot-com)

13th: Quaker Values & Leadership: Worship and classes.

20th: Quaker Values & Leadership: Let Your Life Speak Service Activity: Bethesda Men's Shelter Meal Preparation. Children and adults will cook an entree for the Bethesda Homeless Shelter supper from 11:15 a.m. to 12:30 p.m. If you want to come, contact Aigul Moldabek (aigul\_m-at-hotmail-dot-com) Showing up without notice is also okay.

27th: Quaker Values & Leadership Classes: Worship and classes.

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## Events

### 6th: Meeting for Business

Meeting for Business will take place on Sunday, March 6 at 9:00 a.m. (Note the new time!) Meeting for Business is open to all who attend BFM. It is an opportunity to meet worshipfully and for business in a special way. We will hear the draft of our Spiritual State of the Meeting report, an announcement about Friends General Conference, and a report on our Meeting community. Please come! Your participation is welcome. Child Care is provided.

### 6th: Creating the Peaceable Kingdom Dinner

Join the William Penn House as they honor the Peacemakers in our midst. These are the people who do their work out of the limelight, simply following their own leading and proceeding as the way opens. This year the honoree will be Rob Farley, who helps provide breakfast and companionship to the homeless people who gather on his church doorstep each morning. The dinner will begin at 6:00 p.m. on Sunday, March 6, at [William Penn House](#) (515 East Capitol Street, SE), and RSVPs to info-at-williampenhouse-dot-org or 202- 543-5560. The cost is \$50.

### 10th to 13th: Beyond Crime & Punishment

Pendle Hill, the Quaker retreat center in Wallingford PA near Philadelphia, is sponsoring a restorative justice conference called “Beyond Crime & Punishment: Fostering Transformative Justice in Our Communities.” As we work to end mass incarceration and the New Jim Crow underlying it, how can we establish and nurture alternatives that repair and heal harms? In schools, prisons, workplaces, community centers, and as alternatives to our criminal justice paradigm of convict and punish, restorative practices are being used to shut down the school-to-prison pipeline, welcome returning citizens, and heal intergenerational wounds through truth and reconciliation. Presenters include Joy DeGruy, Kay Pranis, Lorraine Stutzman Amstutz, Rev. Nelson and Joyce Hobson Johnson.

Some scholarship funds are available. Pendle Hill is at 338 Plush Mill Road in Wallingford PA. [Click for more information.](#)

### **12th: BYM Interim Meeting**

Get to know Yearly Meeting Committees and Friends from other Meetings! Be a part of important decision making. Join Friends for morning committee meetings and the afternoon's Interim Business Meeting. Langley Hill Friends Meeting is hosting the Third Month Interim Meeting. Friends will begin gathering at 10:00 am. Lunch will be provided, and the afternoon Business Meeting will be held with dinner following the rise of Meeting. Check the Yearly Meeting website at [www.bym-rsf.org](http://www.bym-rsf.org) for more information. Langley Hill Friends Meeting is at 6410 Georgetown Pike (Route 123), McLean VA 22101.

### **12th: Friends Wilderness Center: Tree Grafting**

On Saturday, March 12, the [Friends Wilderness Center](#) will be the venue for learning about tree grafting. For details, please contact Sheila Bach ([snbach-at-earthlink.net](mailto:snbach-at-earthlink.net)). The website is [www.friendswilderness.org](http://www.friendswilderness.org)

FWC is just 1.5 hours from Bethesda on a 1,400-acre tract of land which backs up to the Appalachian Trail in West Virginia. Going there provides a wonderful opportunity for hiking, camping, and communing with nature, in addition to special programs such as this one.

### **12th to 15th: FCNL's Spring Lobby Weekend**

Friends Committee on National Legislation's Spring Lobby Weekend, which is focused on ending mass incarceration and the Sentencing Reform and Corrections Act, will be from noon on Saturday, March 12, to Tuesday evening, March 15. The Spring Lobby Weekend is a wonderful opportunity for young adults to learn to lobby, understand more about mass incarceration, and connect with hundreds of other young activists. Registration and program details are at [www.Fcnl.org/slw](http://www.Fcnl.org/slw). For more information: Andrew Silva, [andrew-at-fcnl-dot-org](mailto:andrew-at-fcnl-dot-org)

### **12th: BFM Book Group**

The Quaker Book Group meets monthly, normally on the second Saturday at 3:00 p.m. at Bethesda Public Library (not at Meeting). We will be in one of the two study group rooms in the rear of the Library. Newcomers are always welcome (even if you have not read the book)! Since the time and date can change on short notice due to the Library's scheduling practices, please confirm with Leslie Sussan ([leslie.sussan-at-verizon.net](mailto:leslie.sussan-at-verizon.net),) before coming or join the Book Group List Serve. [By joining the list serve](#), you can participate in the online discussions, read the post-meeting summary, and help choose the next book.

### **13th: ARE: Spiritual Journey: Bernie Benson**

At the invitation of the Adult Religious Education Committee, Bernie Benson will talk about his spiritual journey. Spiritual Journeys are occasional talks sponsored by ARE to provide insight into how some of our members have come to embrace Quakerism, what influenced them most, and how they see Quakerism in their personal and spiritual development. The session will take place on Sunday,

March 13, at 9:30 am in the Music Room (Lower Level) of the SAM building at Sidwell Friends Lower School.

### **13th: Potluck: Please Bring a Dish to Share**

Please join us for potluck at the rise of Meeting on Sunday, March 13. We gather in the Groome Building multipurpose room for feast and fellowship. Your contribution of a dish to share with others adds greatly to the occasion.

### **13th: BYM Travelers' Gathering**

On Sunday, March 13, at 12:30 p.m., at Langley Hill Friends Meeting, there will be a gathering of Quaker travelers focused on listening and connecting with Friends in other Meetings, intervisitation and the "ministry of presence," and learning more about traveling ministry and travel minutes. Langley Hill Meeting is at 6410 Georgetown Pike (Route 123), McLean VA 22101. Registration is not necessary, but if you can, RSVP to [bymintervisitation-at-gmail-dot-com](mailto:bymintervisitation-at-gmail-dot-com) so they can have a head count for refreshments.

### **13th/27th: Experiment With Light Sessions**

How do we quiet our brains enough to hear the still, small voice within us? How might we deepen our experience of meeting for worship? Experiment With Light is a meditative and centering practice based upon Rex Ambler's book *Light to Live By*, which describes early Quaker meditative habits and translates them into a highly accessible process of clearness and understanding. There will be two Sunday evening sessions in March, on March 13 and 27, from 7:30 to 9:00 p.m. The first will be at the home of Ruth and Peter Nielsen-Jones. On March 27, come to the home of Jane Meleney Coe. Please come if you can! For details: [bethesdaqfm-at-igc-dot-org](mailto:bethesdaqfm-at-igc-dot-org).

### **19th/20th: Junior Young Friends Conference**

The third conference for 6th to 8th graders will be from Saturday, March 19, to Sunday, March 20. The location is to be announced. The conference goes from 10:00 a.m. on Saturday to noon on Sunday, and costs \$40. The phone number during all events is 301-5000-BYM. JYFs should bring a change of clothes, toiletries, sleeping bag, pad, and anything they think will help them make new friends (a game, musical instrument, or sports equipment). Please remember that the deadline to register and be guaranteed a slot is one week before the conference (March 12). Any one registering after that date will be placed on a waiting list and may not be able to attend. For details, contact Jossie Dowling ([youthprograms-at-bym-rsf-dot-org](mailto:youthprograms-at-bym-rsf-dot-org), 301-774-7663) Future dates are May 14 to 15 at Shiloh Quaker Camp and at Annual Meeting, August 1 to 7 in Frederick MD (Hood College).

### **19th: Family Friendly Eights Dinner**

Family Friendly Eights are a potluck dinner with children in the home of folks in the BFM community. People learn when and where through an Evite. In March, families will gather on Saturday, March 19, at 5:00 p.m. For more details, Debbie Friese ([debFriese-at-verizon.net](mailto:debFriese-at-verizon.net)). To be added to the Evite list, send an e-mail to [friendly8s-at-bethesdaqfriends-dot-org](mailto:friendly8s-at-bethesdaqfriends-dot-org)

## **20th: P&SJ Forum: Discussion of FCNL Priorities**

On Sunday, March 20, at 12:30 p.m. in the Meeting Room, BFM Friends are invited to participate in a discussion of FCNL's legislative priorities for the 115th Congress, which begins in January 2017. Led by the P&SJ Committee, this conversation is part of an effort by the Friends Committee on National Legislation (FCNL) to solicit input from Friends and their Meetings across the country on which of the many public policy issues identified in FCNL's broad Public Policy Statement they think are most important. Please join us if you can!

## **20th: Adult Friendly Eights Dinners**

Adult Friendly Eights are potluck dinners for approximately eight adults in the homes of folks in the BFM community. In March, they will be on Sunday, March 20, at 6:30 p.m. For details: Debbie Friese (deb Friese-at-verizon.net).

## **20th to 27th: Present in Every Moment**

Pendle Hill, the Quaker retreat center in Wallingford PA, near Philadelphia is sponsoring a 7-day Mindfulness Meditation retreat called "Present in Every Moment: Waking Up to Love and Compassion in Our Lives." It will be from Sunday March 20, to Sunday March 27. The leaders are Mary Grace Orr and Anne Briggs. Some scholarship funds are available. Pendle Hill is at 338 Plush Mill Road in Wallingford PA. For details, see <http://www.pendlehill-dot-org>

## **27th: Coordinating Gathering**

Representatives of most BFM committees meet during the week before Meeting for Business to discuss the upcoming agenda. These meetings are open to all who wish to attend. There will be one at 1:00 p.m. in the meeting room on Sunday, March 27. For details: Susan Kaul (susan.kaul-at-gmail-dot-com) or Ralph Steinhardt (rstein-at-law.gwu.edu).

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## **Into the Future**

### **April 3rd: BFM & Climate Change**

BFM's Environmental Sustainability Group invites Friends to join us for an informal brainstorming session about how we might respond to the threat of global climate change, both as individuals and as a Meeting. Grab a snack at coffee hour, and join us in the Meeting Room at 12:30. For details: Joe Hiatt or Rick Morgan (morganrick50-at-gmail-dot-com)

### **April 8th to 10th: Our Life Is Love: The Quaker Spiritual Journey**

Pendle Hill, the Quaker retreat center in Wallingford PA, near Philadelphia is sponsoring a weekend workshop led by Quaker educator and author Marcelle Martin exploring the 10 essential elements in Quaker spiritual formation as observed among Quakers from earliest times to the present

and featured in Marcelle's new book of the same title. Some scholarship funds are available. Pendle Hill is at 338 Plush Mill Road in Wallingford PA. For more information, see [www.pendlehill-dot-org](http://www.pendlehill-dot-org)

### **April 10th: Learn more about Ramallah Friends School**

On Sunday, April 10, at 12:15 p.m. in the Meeting Room, Joyce Ajlouny, Head of Ramallah Friends School (RFS), and Shahd Sawalhi, a RFS tenth grader currently studying at Sidwell Friends, will talk about RFS and their lives in Palestine and Washington. Shahd will also talk with BFM First Day School students about her experiences, starting at 11:15 a.m. It's a great chance to learn more about RFS, whose scholarship fund receives the proceeds of BFM's annual Spring Fling community celebration (April 24) and Plant Sale (April 17). Copies of a new oral history of RFS, titled *Samoud*, meaning "steadfast," will be available for purchase (\$35).

### **April 14th to 17th: 2016 White Privilege Conference**

All Friends are encouraged to join FGC's Ministry on Racism and the Quaker group at WPC17, April 14 to 17, in Philadelphia, PA at the Philadelphia Marriott Downtown. Registration opened Martin Luther King, Jr. Day, January 18.

WPC was established and is organized by African American professor Dr. Eddie Moore. The conference strives to empower and equip a variety of attenders to work for equity and justice through self and social transformation.

FGC is sponsoring a group discount for the [White Privilege Conference](#) for a fifth year. FGC has supported nearly 200 Quakers over five years in attending WPC. These Friends took advantage of a 55% discount on registration. Baltimore Yearly Meeting is also a sponsor this year. Friends interested in attending the White Privilege Conference and receiving the FGC group discount can sign up to receive further instructions and reminders [here](#). In order to receive the FGC discount friends MUST complete pre-registration with FGC prior to registering for the conference. Folks with questions can e-mail: [richies-at-fgcquaker-dot-org](mailto:richies-at-fgcquaker-dot-org) or [ministryonracismsupportspecialist-at-fgcquaker-dot-org](mailto:ministryonracismsupportspecialist-at-fgcquaker-dot-org)

### **April 24th: Spring Fling Alert**

Circle April 24 on your calendar now and plan to enjoy yourself at Spring Fling, BFM's celebration of our community and the season. It's also our Meeting's biggest fundraiser. Proceeds go to the scholarship fund for Ramallah Friends School in Palestine. Founded in 1869, its mission is to provide "educational excellence based upon the Quaker values of equality, simplicity and peace." Last year, Bethesda Friends contributed about 12 percent of RFS's unrestricted financial aid budget.

Spring Fling, which engages scores of us, is built around three main activities, all of which welcome volunteers, donations—and customers. The activities are: a Middle Eastern meal for all comers (Angie Parlin, is the food team leader); a White Camel rummage sale (Jane Coe, team leader); and a Silent Auction of donated goods and services from canoes to karaoke coaching (Lydia Adelfio). If you'd like to volunteer to help with any of these activities or contribute items or services to them, call their team leader. If you're willing to work but don't have a strong preference where, call coordinator Frank Greve. Note: any child attending Spring Fling will receive a \$5 gift certificate to the White Camel sale.

The BFM Plant Sale of donated perennials and annuals (Liz Hofmeister) will take place before and after Meeting for Worship on Sunday, April 17. Donors are asked to bring plants by 10:00 a.m.

Ramallah Friends tee-shirts and Palestinian olive oil will be sold at both the Plant Sale and Spring Fling.

If you can't make these dates or simply want to make a donation, Ramallah Friends is the Social Concerns Box beneficiary for April.

### **August 1st to 7th: BYM Annual Session**

This is a little early to be thinking about Baltimore Yearly Meeting's Annual Session in August, but the venue has changed from Frostburg University, in Frostburg MD, to Hood College in Frederick MD. This means it will be a lot closer and easier for Bethesda Friends to get to.

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## **Committee Notes**

### **Religious Education**

We thank the Religious Education Committee for providing hospitality at the rise of Meeting and at potluck in the month of March. The committee organizes the First Day School religious education for children in the Meeting, including recruiting teachers and getting appropriate educational materials. It also organizes the Christmas pageant each year and is responsible for Teacher Appreciation Day. It usually meets on the third Sunday at 9:30 a.m. in the Teachers' Lounge Annex.

First Day School News. In recent "Let Your Life Speak" conversations on the first and third Sundays, children have learned about Afghanistan with Ann Procter and the American Friends Service Committee with Peter Nielson-Jones. Ann brought clothing and a traditional snack to share. Her photos conveyed the resiliency of the people and beauty of the country despite the damage from war. Children were curious about daily life for families and children. On another Sunday, children learned about the rich history and aims of AFSC with Peter. As he talked, they marked on a world map the locations of AFSC's work in its commitment to the principles that "service is love made visible" and "finding that of God in everyone." In addition to these discussions, with the guidance of Aigul Moldebek and Sara Anderson, they have participated in service themselves by cooking for the Bethesda Men's House. Thank you Ann, Peter, Aigul, and Sara!

### **Discerning Our Future**

Bethesda Friends Meeting has begun a discernment process, following Sidwell Friends School (SFS)'s announcement of its plans to sell the lower school campus and consolidate the school at its campus in Washington DC. SFS has invited BFM to join in the move, which is anticipated to occur in the summer of 2019. So far, BFM has formed an ad hoc committee on [Opportunities for Our Future](#), held three called sessions, and posted information on the BFM web site. This information includes a "frequently asked questions" document, which will be updated periodically.

Many BFM committees are considering aspects of the move in their meetings. Among them are the Library Committee, Ministry & Worship, and Stewardship & Finance. We encourage all BFM committees to consider the implications of a move and to share insights and questions with members of the ad hoc committee. The following are liaisons for each BFM committee:

A&O – Jabez McClelland  
ARE – Ralph Steinhardt  
Book Table – Susan Kaul  
Child Care – Amy Lear White



Friendly Eights – Marion Ballard  
Hospitality – Peirce Hammond  
Library – Susan Kaul  
Ministry & Worship – Gail Kohanek  
Nominating – Doug Smith  
Pastoral Care – Peirce Hammond  
Peace & Social Justice – Alex Bell  
RE – Amy Lear White  
Stewardship & Finance – Jabez McClelland

The ad hoc committee also has begun collecting information on location options and welcomes suggestions from anyone in the BFM community. Information on SFS's redevelopment plans can be found [here](#). In addition to the option of moving to the SFS DC campus, we have learned about a rental option at 8011 Old Georgetown Road where a community center and church are planned. For further information, please see <http://www.gracefulgrowingtogether.org>. We have also learned about a church for sale in Glen Echo and are reaching out to other Meetings that have recent experience with purchasing, building, or moving. Information about additional location options will be provided at monthly Meetings for Business. To that end, Meetings for Business will begin at 9:00 a.m., rather than 9:15 a.m.

Friends are encouraged to attend monthly Meeting for Business and are invited to contact any member of the ad hoc committee with suggestions and questions. Additional in-person sessions will be scheduled in the future.

## **Advancement & Outreach**

**Finding Your Way on the [BFM Web Site!](#)** Would you like to learn how the BFM website works? Would you like to give helpful feedback to the web manager on how the site works for you? If so, try out this method: Please go to the BFM home page and answer the questions listed below.

As you look for the answers, you will be

- using the site,
- seeing how the site is set up,
- figuring out ways that it works for you (or doesn't), and
- helping us by giving feedback on problems or missing information.

Go to <http://www.bethesdafriends.org/>

Pretend you are a visitor. Use the menu tabs under the banner. Look for the following information. If all else fails, don't forget to use the "search" button on the top right hand corner!

1. What time do you meet on Sunday?
2. Do you have child care on Sunday?
3. When was Bethesda Friends Meeting founded?
4. What do Quakers believe?
5. How would I get married in a Quaker meeting?
6. I want to join a committee. Where can I find a list of the committees & what they do?
7. How do I find a book in the BFM library?
8. What is Friendly 8s & what do they do?
9. If I'm driving, where can I park?

Couldn't find the information? See something that needs correcting? Please use the "[contact us](#)" button on the home page to tell us about the problem.

## **Ministry & Worship**

**If you have trouble hearing spoken messages in Meeting for Worship, give our hearing system a try!** System users must wear an earpiece attached to a small FM receiver. Compact receivers are available each Sunday on the table outside the meeting room. Users can choose from three types of earpieces to plug into the receiver:

- an inside-the-ear earpiece for those who don't wear a hearing aid;
- an over-the-ear earpiece for use with a conventional hearing aid;
- an induction "necklace" for use with a "T-coil" hearing aid.

Since our microphones are very sensitive, users may find it helpful to keep the volume turned down when no one is speaking. Otherwise you'll hear every little cough and rustle in the room! Like most sound systems, ours is susceptible to interference from cell phones, so please make sure your cell phone is turned completely off during Meeting for Worship. If you have questions or comments regarding the Meeting's hearing assistance system, contact Rick Morgan (morganrick50-at-gmail-dot-com).

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## **Meeting Notes**

### **Peace Notes**

This is Women's History Month and BFM's Social Concerns Box is for Women for Women International. In 2015 Lauren Brownlee had the opportunity to visit a Women for Women Training site in Rwanda. She has appreciated BFM's partnership with Women for Women International for a long time. Getting to see their programs in action was a powerful reinforcement of how important their work is. The organization meets women where they are in terms of their needs while also advocating on behalf of women at every level of the government. They help provide women with the training they need to be leaders in their communities and encourage them to pass along their learning to others. Lauren got to hear both from the dedicated program managers and trainers and also to speak with the women who were deeply invested and engaged in the programs that Women for Women had to offer. The empowerment that she witnessed was genuine. She invites others to learn more about the program ([www.womenforwomen.org](http://www.womenforwomen.org)), donate to the Social Concerns Box, and write letters to the women we are sponsoring. If you have any questions about her trip, please do not hesitate to e-mail her at [lbrownlee-at-gmail-dot-com](mailto:lbrownlee-at-gmail-dot-com)

## **BFM 2016 Directory**

New BFM directories were mailed out in early February. Additional copies are available on the hall table and the literature table. The directory includes important dates, a schedule of reports to Meeting for Business and of which committee serves hospitality, committee memberships, and addresses of Friends Meetings, organizations, and publications. Two additions in the back are: 1) A listing by first names which may help avoid confusion about which Dan or Marion or Jane one is trying to reach; and 2) the resource guide for committees, which describes how to reserve a room for a meeting, how to get announcements in the weekly bulletin or monthly newsletter, etc.