

Suggestions on how an individual can get started with Reversing Global Warming

What can I do?	Energy Use	Food	Education	Public Policy
<p>In the next two days</p>	<ul style="list-style-type: none"> • Unplug your phone charger when not in use. • Turn off unused lights and fans. • Turn up the AC thermostat 3 degrees. <p>Other _____</p>	<ul style="list-style-type: none"> • Eat one more meatless meal this week. • Prepare, serve and take only what will be eaten. <p>Other _____</p>	<ul style="list-style-type: none"> • Tell your family members, friends, neighbors, church community, colleagues and social media contacts about Drawdown. • Pass this handout on to someone else. <p>Other _____</p>	<ul style="list-style-type: none"> • Lookup the names of your local, state and federal elected officials. • Identify at least one climate related policy that is being considered in your area. • Identify an official to either thank or urge to act on that policy. <p>Other _____</p>
<p>In the next two months</p>	<ul style="list-style-type: none"> • Install a smart thermostat. • Replace light bulbs with LEDs. • Turn off power to electronics when not in use via a power strip. • Buy used. • Reduce, reuse, recycle. • Use mass transit. • Use ride-sharing. • Walk more, drive less. <p>Other _____</p>	<ul style="list-style-type: none"> • Compost. • Buy from local growers. • Join a CSA Farm share. • Move to a plant-rich diet. <p>Other _____</p>	<ul style="list-style-type: none"> • Join a climate or Earthcare organization. • Start a “Green Team” at your work place. • Calculate and reduce your carbon footprint. • Donate time and or money to a Climate or Earthcare organization. <p>Other _____</p>	<ul style="list-style-type: none"> • Call or email all officials considering pending climate legislation. • Track contacts and responses from officials. • Develop supporting material (statistics, news headlines) for lobbying officials. <p>Other _____</p>
<p>In the next two years</p>	<ul style="list-style-type: none"> • Insulate your home. • Replace old windows. • Get a home energy audit. • Install solar panels. • Switch to a clean renewable electricity provider. • Buy hybrid or Electric Vehicle. • Fly less. <p>Other _____</p>	<ul style="list-style-type: none"> • Plant a vegetable garden. • Become a vegetarian. • Plant a tree. • Share joy in simpler, lower-footprint foods and entertainment. <p>Other _____</p>	<ul style="list-style-type: none"> • Sponsor a Drawdown workshop. • Attend a 5 session “Drawdown Solutions: Getting Into Action”. • Learn and share the science of carbon fluxes and global warming. <p>Other _____</p>	<ul style="list-style-type: none"> • Vote. • Participate in a lobbying event. • Run for office on an environmental platform. <p>Other _____</p>

Local Environmental Organizations and Resources

Drawdown Official site

<https://www.drawdown.org/>

Quaker Earthcare Witness - Project Drawdown In Practice

<https://www.quakerearthcare.org/article/project-drawdown-practice>

Sierra Club of Montgomery County

<https://www.sierraclub.org/maryland/montgomery-county/contact-us>

350 Montgomery County

<https://www.350moco.org/>

One Montgomery Green

<https://onemontgomerygreen.org/>

Interfaith Power and Light

<https://ipldmv.org/>

Faith Alliance for Climate Solutions of Montgomery County (FACS-MC)

<https://ipldmv.org/mcfacs/>

Chesapeake Climate Action Network (CCAN)

<https://ccanactionfund.org/>

Bethesda Friends Meeting

http://www.bethesdafriends.org/social_justice_action.aspx

Biodiversity for a Livable Climate

<https://bio4climate.org>

Other church groups:

Friends Meeting of Washington (Quakers)

Westmoreland Congregational United Church of Christ

Bethesda United Church of Christ

River Road UU Church

Cedar Lane UU Church